



FAMILY CHECKLIST



FOR LOW IMPACT LIVING!

NATURE

- ☐ Spend time together in nature
- ☐ Grow native seeds and plants
- ☐ Install a rain barrel
- ☐ Spread grass clippings back over lawn
- ☐ Water plants early in the morning

KITCHEN

- ☐ Get reusable water bottles
- ☐ Sort your recycling
- ☐ Use paper or reusable bags
- ☐ Start a compost
- ☐ Turn off water when washing dishes

COMMUNITY

- ☐ Support your local library!
- ☐ Do a beach cleanup!
- ☐ Pick up litter
- ☐ Walk, bike, or carpool
- ☐ Pass down toys to siblings or friends

BATHROOM

- ☐ Use water-saving showerheads
- ☐ Turn off the faucet while brushing teeth and washing hands
- ☐ Reduce water use during storms
- ☐ Switch to solid soap bars

AND MORE!

- ☐ Pick up your pet's waste
- ☐ Learn about the environment
- ☐ Turn off lights when you leave a room
- ☐ Feed the birds
- ☐ Unplug electronics when not in use

